

**PKC Presents:
9th Annual Abilene Ninja Boot Camp**



When is Ninja Boot Camp?: Saturday, July 8, 2017, starting at 8:30am (transportation will leave from Southern Hills Church at 8:00am); Families are welcome to attend the end-of-camp award show and meal for \$5 each (4 and under Free) beginning at 5:00pm (please sign up ahead of time if possible so that we can get an approximate head count for the evening meal).

Where is Ninja Boot Camp?: Gymnastics Sports Center (morning), Abilene Swim Club (afternoon), and Southern Hills Gym (evening) (caravan for campers will leave Southern Hills Church at 8:00am)

What is the cost: \$40 for campers (includes camp, lunch & supper and camp t-shirt).
Black Belt helpers and other helpers \$20 (includes camp, lunch & supper, and camp t-shirt).

How do I sign up?: Complete the attached form and the Participation Agreement form (front and back) and turn in at class or to your instructor no later than **Thursday, June 29, 2017.**

What is Ninja Boot camp?: This is a Martial Arts day camp for all PKC locations and invited guests. This will be a fun-filled day of martial arts training, swimming, team building, and more. Campers will be well-prepared for PKC's annual Ninja Camp in November and top campers will receive special recognition for their training at the Ninja Camp.

What do I bring/wear?:

- **Be sure everything is labeled with your name!** You may want to bring a LABELED bag for all of your items. It will make it easier for us to help you and less likely that you will lose something. However, please LABEL all items separately so that we can help you find anything that you have misplaced. Remember we will be at 3 separate locations and losing something is fairly easy to do!
- **Meals:** Lunch and supper will be provided for all campers and helpers. **Please bring a water bottle (labeled)** to refill at a canteen. If you require something other than water, you need to bring that.
- Be sure to have **sunscreen** (even if you have it on Saturday morning, please bring a bottle). Be sure to label it!!
- Be sure to bring your **swimsuit, shoes for the swimming pool (there are stickers!), and towel** for our swim time in the afternoon.
- You should wear lightweight clothing that is ok to get messed up. You should not wear your gi. You will get your camp t-shirt at camp on Saturday morning.

Abilene Ninja Boot Camp

Saturday, July 8, 2017

Name: _____ Age: _____ Phone: _____

Address: _____ City: _____ State: _____ Zip: _____

E-mail: _____

T-shirt Size (Youth S M L or Adult S M L or XL – larger sizes available on request for an additional \$2 fee):

Emergency Contact:

Emergency Telephone:

Do you have any medical conditions or special needs that we should be aware of? Y / N

If you answered yes, please describe in detail on back of this application.

Lunch —choices—ham with or without cheese (with either Miracle Whip or Mustard or dry) or peanut butter & grape jelly) - Please list your sandwich choice:

Participant Fees (includes all meals and t-shirt)

\$40 (STUDENT) OR \$20 (BLACK BELT or HELPER)

Paid in Full/Ck #:

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Liability Waiver

In consideration of your acceptance of my registration, I do hereby, for myself, my heirs, executors, and administrators waive, release and forever discharge any and all rights and claim for damages which I may have or accrue to me against Southern Hills Tae Kwon Do, PKC Karate, Gymnastics Sports Center, Southern Hills Church of Christ, the Abilene Swim Club and their organizing committee and all members of the organization, or their respective officers, medical committee, agents and/or assignees and against any participant for any and all damages which may arise in participating in this event. I understand Martial Arts is a contact sport, which involves a risk of injury. I hereby agree to all the terms and conditions of the liability waiver above.

Photo Release

I hereby authorize Southern Hills Tae Kwon Do and PKC Karate to use my likeness from any photographs or any videos for website, book/manual or marketing material.

Printed Name of Student

Printed Name Parent/Guardian if Applicable

Signature of Student

Signature Parent/Guardian if Applicable

Signature Date

Signature Date